March 2020 - Lydia Calendar

**Training Dates** - at the agency

**Events Volunteer Training** - For current Lydia Volunteers
- Saturday, March 14th, 12:30 - 1:00pm

**Lodging Volunteer Training** - For new Lodging Volunteers
- Saturday, March 14th, 1:00 - 2:30pm
- Wednesday, March 25th, 10:30am - 12:00pm

**New Volunteer Orientation** - For first time Volunteers
- Saturday, March 14th, 11:15am - 12:15pm
- Thursday, March 19th, 12:30 - 1:30pm

**Sew Much Talent Sewing Group** - For new sewing Volunteers. Bring your sewing machine.
- Saturday, March 14th, 9:30am - 12:30pm

**Calendar Dates**

1<sup>st</sup> Sunday – 31<sup>st</sup> Tuesday - Purchase your Bi Lo Community Bags from the participating locations below in support of cancer fighters. Lydia will receive $1 from each reusable community bag sold. Shoppers will have a great bag for shopping! Thank you for your support!
- BiLo at 3457 Peach Orchard Road, Augusta, GA 30906
- BiLo at 2803 Wrightsboro Road, Augusta, GA 30909
- BiLo at 1048 York Street NE, Aiken, SC 29801

2<sup>nd</sup> Monday – **First Baptist Church Waynesboro Lydia Work Day**: 6:00pm-8:30pm, Volunteers will cut fabric for Lydia totes. Community members welcomed. 853 N Liberty St, Waynesboro, GA 30830. **Inquiries**: contact Betsy at 706.554.0527

3<sup>rd</sup> Tuesday -
- **Now What? Hope**: “Fear of Cancer Returning and Emotional Care” with Mallory Lawrence, MD and Reverend Mark Maund. This is a survivorship program for men and women during and after cancer treatment. 3pm, at the agency. The Lydia Project, 1369 Interstate Parkway, Augusta GA 30909. **Inquiries**: Call 706.736.5467

- **Lymphedema Education Class**: 12 pm, University Hospital Breast Health Professional Center 2, Suite 205. 818 St. Sebastian Way, Augusta, GA 30901. **Inquiries**: call 706.774.4141.

3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> Tuesday – **Cedar Creek Sew n Sews Lydia Work Day**: 10:00am - 1:00pm, Volunteers will cut fabric, sew and trim Lydia totes. Community members welcomed. Cedar Creek Community Center, 2584 Club Drive, Aiken, SC 29803. **Inquiries**: contact Mary at 803.502.1380
4th, 11th, 18th, 25th Wednesday - **St. Michael's Sewing Group**: 10:00am-3:00pm, Volunteers sew Lydia totes. Community members welcomed. Bring your sewing machine. 263 St. George Drive, Waynesboro, GA 30830. **Inquiries**: call Alice at 706.554.3306.

6th and 20th Friday - **Target Team Members Volunteer Group** - 9:30am-12:30pm, at the agency. Volunteers will work on projects at the agency and in the lodging area in support of cancer fighters. **Thank you for your support.**

8th Sunday – **Daylight Savings Begins.**

9th Monday -
- **Pink Pistols and Pink Magnolias Support Group**: 6:30 pm. For women who have been diagnosed with breast cancer. University Hospital Breast Health Professional Building 2, Suite 205. 818 St. Sebastian Way, Augusta, GA 30901. **Inquiries**: call 706.774.4141.

- **GI Cancer Support Group**: 6:30pm-8:00pm. For men and women diagnosed with GI cancer. Join friends for the topic of discussion, “Stress and Stress Management.” Presented by Stephanie Angelo, LIVESTRONG at the YMCA. University Hospital- Day Surgery Lobby, POB2, 1st Floor, 818 St. Sebastian Way, Augusta, GA 30901. **Inquiries**: call 706.774.4111.

10th Tuesday – **Now What? Hope**: “Nutrition Facts and Fiction” presented by a Georgia Cancer Center AU Oncology Dietitian. This is a support event for men and women during and after cancer treatment. 3pm, at the agency. The Lydia Project, 1369 Interstate Parkway, Augusta GA 30909. **Inquiries**: Call 706.736.5467.

11th Wednesday - **Jeff’s Sewing and Vacuum Lydia Sewing Day**: 9am-2pm. Sewing Club members will sew Lydia totes. 3833 Washington Rd # C, Augusta, GA 30907. **Inquiries**: Contact Cathy at 706-863-0090.

12th Thursday - **Pamplin Internship Fair**: 2-4pm, Find Lydia Volunteers at this informational fair hosted by Augusta University’s Katherine Reese Pamplin College of Arts, Humanities, and Social Sciences. AU Jaguar Student Activities Center (JSAC) Ballroom (Summerville Campus), 2500 Walton Way, Augusta, GA 30904. **Inquiries**: contact Melissa at MELHALL@augusta.edu.

13th Friday - **ADP Volunteer Group** - 9:30am-1:30pm, at the agency. ADP Employees will work on projects at the agency and in the lodging area in support of individuals Lydia serves. **Thank you for your support.**
14th Saturday –

- **Ribbon of Hope Support Event:** 10am. Cancer fighters surviving any type of cancer together and their caregivers will love the Ribbons of Hope support event with guest speaker, Katherine Baysinger, MD Colon Rectal Surgery Associates with her topic, "Colon Cancer Updates.” Refreshments and friends who care. The Lydia Project, 1369 Interstate Parkway, Augusta, GA 30909. **Inquiries:** call 706.736.5467.

- **Healthy Fair 2020:** 9am-1pm. Come enjoy a free and interactive experiences, where children and parents can play, explore and learn just about everything health, wellness and sports related. Receive health and wellness consultations. Speaker sessions also available from the experts in the community. Find Lydia Volunteers and learn how you can get involved. Visit with other vendors, too. First Baptist Church of North Augusta- Family Life Center, 100 Jackson Street, North Augusta, SC 29841. **Inquiries:** contact Rod Barrie at 706.726.1700 or rodbarrie@comfortkeepers.com.

15th Sunday – **Country Barn Quilt Company Lydia Work Day:** 1:00pm-5:00pm, Volunteers will sew Lydia totes. Community members welcomed. Bring your sewing machine. 3905 Roberts Rd - Unit A, Martinez, GA 30907. **Inquiries:** contact Elizabeth Patterson at 706-364-6915.

16th Monday –

- **CSRA GYN Cancer Support Group Meeting:** 6pm. The CSRA GYN Cancer Support Group will meet at The Lydia Project with special speaker, Dr. Rungruang. 1369 Interstate Parkway, Augusta, GA 30909.

- **Journey of Hope Support Group:** 6 pm, for women who have been diagnosed with breast cancer. Join friends and guest speaker, Dr. Celeste Ray, PT, Senior Physical Therapist at Augusta University Health, presenting: “Evaluating and Treating People With Injury and Disease.” Barney’s Pharmacy, 2604 Peach Orchard Road, Augusta, GA 30906. **Inquiries:** call Gwen at 706.736.4995.

17th Tuesday – **Now What? Hope:** “Long Term and Late Effects” presented by a University Hospital Oncology Certified Nurse. This is a survivorship program for men and women during and after cancer treatment. 3pm, at the agency. The Lydia Project, 1369 Interstate Parkway, Augusta GA 30909. **Inquiries:** Call 706.736.5467.
19th Thursday –
- **ADP “Pledge A Thon”** - 11:30am-1:30pm. ADP employees in Augusta, GA...find Lydia Volunteers today and learn more about free and caring services available for individuals coping with cancer and how you can make a difference in their lives. ADP Cafeteria, One ADP Drive, Augusta, GA 30904.

- **Washington County Cancer Support Group Meeting**: 6:30pm. Tennille United Methodist Church. Men and women with any type of cancer and caregivers encouraged to attend this helpful, faith-based support group that is also for anyone going through any kind of loss. Refreshments served and friends who understand. 210 Smith Street, Tennille, GA 31089. *Inquiries: call Margie at 478.552.7744.*

21st Saturday –
- **Lewis Memorial United Methodist Church Lydia Work Day**: 9am-12pm. Volunteers will cut fabric for Lydia totes. Community members welcomed. Bring your sewing machine. Nursery services available. Lewis Memorial UMC, Fellowship Hall- 5555 Hereford Farm Rd., Evans, GA 30809. *Inquiries: call 706.863.6795*

- **Spring Into Health Fair**: 11am-2pm, Find Lydia Volunteers at this family fun and informational fair hosted by Augusta Alumni Chapter Delta Sigma Thea Sorority, Inc. in partnership with Medical Associates Plus. Enjoy free health screenings, raffles and giveaways. Henry Brigham Community Center, 2463 Golden Camp Road, Augusta, GA 30906. *Inquiries: call 706.922.1862.*

24th Tuesday – **Now What? Hope**: “Exercise Possibilities” presented by LIVESTRONG.” This is a support event for men and women surviving all cancer types and treatments. 3pm, at the agency. The Lydia Project, 1369 Interstate Parkway, Augusta GA 30909. *Inquiries: Call 706.736.5467*

25th Wednesday –
- **Metastatic Cancer Support Group**: 1pm-2:30pm. For Stage VI cancer patients and family members. University Hospital Summerville Campus- Main Conference Room, 2260 Wrightsboro Rd, Augusta, GA 30904. *Inquiries: call: 706.774.4141.*

- **25th Wednesday - Mount Pleasant Lutheran Church Lydia Work Day**: 10am-12pm. Volunteers will cut material for Lydia totes. Refreshments will be served. 101 N Calhoun St, Saluda, SC. *Inquiries: contact Peggy Harla at rhoopz@wctel.net.*

26th Thursday - **Lutheran Church by the Lake Lydia Sew Day**: 1:30pm - 4 pm. Volunteers will sew Lydia totes. Community members welcome. Bring your sewing machine! Lutheran Church By The Lake, Fellowship Hall- 100 Twelve Oaks Drive and Hwy 378, McCormick, SC 29835. *Inquiries: contact Peggy Harla at rhoopz@wctel.net.*

28th Saturday - **Lydia Collection Drive at KJ’s Market in Grovetown**: 9am-4pm, Tell your friends! Shop and drop! Support Lydia with supply needs for cancer fighters in our community. KJ’s Market, 5155 Wrightsboro Rd, Grovetown, GA 30813.
A Survivorship Program for Men and Women During and After any type Cancer Treatment.

**Now What?**

**Tuesday, March 24th, 3-4pm**

“How do you get back to physical? presented by LIVESTRONG.”

Event location:
The Lydia Project
1369 Interstate Parkway Augusta GA 30909
706.736.5467  thelydiaproject.org

**A Survivorship Program for Men and Women During and After any type Cancer Treatment.**

**Tuesday, March 3rd, 3pm**

Dr. Mallory Lawrence and Rev Mark Mann

Fear of Cancer Returning
Anxieties, worry, fear, sadness/depression

Find Hope
1369 Interstate Parkway, Augusta, GA 30909
706.736.5467  thelydiaproject.org

**Find Support Monday, 3/16, 6pm**

**Journey of Hope Support Group**

For women who have been diagnosed with breast cancer.

Join friends and guest speaker
Dr. Celeste Ray, PT, Senior Physical Therapist, Augusta University Health

**Presenting “Evaluating and Treating People With Injury and Disease.”**

Event location:
Barney’s Pharmacy
2604 Peach Orchard Road
Augusta, GA 30906.
Inquiries: call Gwen at 706.736.4995

**Find Friends Who Understand and Hope**

The CSRA GYN Cancer Support Group meets 6pm, Monday, 3/16

Speaker: Bunja J Rungruang, MD

Refreshments served.

Event location:
The Lydia Project
1369 Interstate Parkway Augusta, GA 30909.
Inquiries?
Contact 706.721.3992 or 706.821.2944.

In support of cancer warriors
Lydia serves

Purchase BI-LO’s Community Bags anytime in March at BI-LO’s Peach Orchard Rd & Wrightsboro Rd stores in Augusta, and in BI-LO’s York Street NE store in Aiken.

Find free and caring cancer support at TheLydiaProject.org